

Case Study

Name: Conway

Age: 9 Sex: G

Date: 03/30/2018

Before:



After:



Findings

Case Study

Overall Health and Vitality: Before Session 62 After Session 84

Meridians Out of Balance: Stomach (In balance by closing)

Hooves: Calcifications- none. Barefoot.

Notes: Had soft heels and frogs, and thrush. On lush pasture.

Viral or Bacterial Issues: Y Hooves

Where and what's needed- hoof soaks <https://youtu.be/se6zmg3zNDE>

Main Problems Presented Today:

Soft hooves, tight biceps/forearms, gaskin area, scoas. And sore SI

May I Work On You Today?: Y

Trapped Emotions: How many do you have? 5 How many can we release today? 5

Today we released: Helplessness, unworthy, despair, defensiveness, frustration.

Tomorrow you can release:

YIN/YANG Balances: North 6 South 4

Polarity Sweeps: ✓ "Fly-Bys": ✓ Applied Release: ✓ Applied

Miracle Spray: ✓ Worked K27s: ✓

Bladder Sweeps: 3x each side

Defense Posture Release, Both Sides: ✓

Areas Released:

Case Study

C1-C2 Atlas/Axis: both- more reactive on R

C3-C6 Neck: Both-

C7/Scapula: Both- tightest on R

1 Wither: neither

Knees: Both- very mildly stiff

Elbows: Both

1st Rib: Both

Ribs 2-6 and Drunken Horse Pose: Both- had a hard time extending for drunken pose. Had tight pec/sternum/scapula

Ribs thru 18: All

Belly Lifts ✓

Psoas Release: ✓

Hips: R

Ischium/Ilium: R

SI Joint- Sore

Tail Pull ✓

Butt Tuck ✓

Belly Lift and Holds ✓

Closed Down Session w/ 2 Bladder Meridian Sweeps, Both Sides. ✓

***Disclaimer* This is not a diagnosis or meant to replace your regular veterinarian or chiropractic care.**

Case Study

If this were my horse, these are the actions I would take for optimal results:

- **3 days of no under-saddle work post 1st Bodywork session, hand walks and gentle large circle lunging are good if you must. Plus yoga poses each of those days.**
- **30 days straight of Horse Yoga Poses, best if done pre and post rides after under-saddle work resumes. <https://youtu.be/PKEL-aHCDsE>**
- **Bladder Sweeps 3x each side before/after Yoga and/or a ride or in any stressful situation that may arise (travel, colic, etc)**
- **Daily shoulder/wither lifts on the 1 side (L or R, not both) as noted above, until your horse get their next trim/shoeing (best to do this just before farrier works on them).**
- **Apply 10 drops of NCD2 1 x day until bottle/s are gone, directly into their mouth or in a hollowed out carrot. Very import to give them before and after vaccinations, chemical dewormers, and other prescribed drugs.
https://youtu.be/Xw9D_CujB3A**
- **Apply Trace Minerals to replenish minerals, use as a natural dewormer (copper), anti-bacterial/anti-viral for internal issues 3 droppers full on wet mash for 10 days. Externally can be used to push out infection on wounds for quicker healing.**
- **Apply Miracle Spray directly into their mouth or on top of food as long as they show interest to sooth digestion issues and boost immune system and/or their coronet bands, outer hooves, and**

Case Study

under hooves/ frogs (imagine a whole hoof soak but it's sprayed on instead of sitting in a soak).

- **Apply Release Spray as needed on tight areas (head, wither, hind end, etc.), to reduce bruising, trauma, and/or over horse, or into mouth just to calm or relax them. Good tool if colicing.**
- **Apply Balm generously to arthritic knees and other Calcifications like Sidebone etc. See video for more instructions. Can also reduce old scar tissue.**