

Holistic Horseworks Equine Unwinding Level I class

3 days, 9am-5pm

\$700 per student, \$750 International

Registration and deposit of \$250 needed to hold a spot.

Each student will receive a Certificate of Completion.

This is a class of only 6 students. This is a hands-on training course and each student will work on 4 horses. Students should have general knowledge of how to handle a horse before joining the class, and will be required to sign a release. Students may bring their own horses but other students will work on them. There can be up to 15 auditors at \$225, or \$250 international for the 3 days-this include online workbook that the students will also receive so they can follow along with the class.

The person hosting the class gets it for free and may charge a booking fee to the student and for auditors. Also the person hosting the class collects April at the airport and hosts her at their facility, this keeps down the travel costs so she can keep the cost of the classes affordable for the students.

What your venue should be able to offer:

- Each student needs 3 horses to work on for 3 days, 1 fresh horse the last day. Total of 4 horses per student. Horses will not be able to work during the days they are worked on.
- Out of sun, wind and rain
- Flat surface
- Preferably a space where all 7 horses can be soft tied where I can see all the students-with enough light- have done barn isles-indoor arena's etc
- Bathroom nearby
- Break room or class room where we go to talk in between hands on work
- Chairs
- Availability of TV or laptop to watch the DVD's on
- If it is really cold somewhere students can get warm beverage-coffee or tea

Conformation is what the horse is born with. Posture is what develops from a body in pain unable to move correctly.

What you will be learning:

- Basic understanding and applied use of equine acupuncture and how the energy meridians affect the whole health and wellness of the horse.
- How the balance of the hooves affect the organs, thus affecting the whole wellness of the horse as well as the imbalance of the hooves affecting joints and muscles higher up.
- How to balance the Yin/Yang of the horse.
- How to do Defence Posture releasing; releasing the muscle pattern developed of Fight or Flight response in the horse. This needs to be done before any muscular/skeletal releases are ever done.
- How to muscle test and use applied kinesiology basics. Level II course goes more in depth.
- How to feel for energy blocks in the horse's system and release them.

- How to palpate for sore or overly tight areas of the equine body to determine where the key issues. This includes lameness checkpoints.
- How to find the source of the issue. Typically you will find most people are treating the area of the horse that hurts. This is the 'compensation' point of the body part that was so over loaded it can no longer do its job. This results in mysterious lameness. Find and treat the cause, then the symptom will heal faster. Mysterious tendon, suspensor or hock issues are just a body part doing too much, working too hard because another body part cannot do its job properly.
- Learning Osteopathic type muscular and skeletal releases to unwind the equine body and bring it back to proper form and function. Students will notice the horse gets about 4" longer 2" taller and looks to have gained 20 lbs. as the fascia softens and relaxes.
- How to learn the difference between "Confirmation" and "Posture."

Prerequisite for the 3 day Level I class:

1. To have watched all 3 DVDs, and been practicing the moves already. This class is to fine-tune your techniques already shown in the DVDs. April's plan is to teach you new things in the class so please study your homework. April will help you learn the touch and feel of the moves in-depth. No previous experience necessary.
2. Dr. Regan Golob's DVD and April's 2 DVDs: "Horses are Talking" and "Horses with Headaches" Equine Acupressure book-Tall grass publishing
3. Dr. Bradley Nelson's "Emotion Code" book-can download to a Kindle. Recommended, but not necessary, Jack Meagher's book "Beating Muscle Injuries for Horses"

Advanced day Cranial Decompression

April offers a special 2 day class: Cranial Decompression for any cranial sacral equine workers already doing the work. April has developed some unique moves which have been reversing the symptoms of Uveitis, IR, and Cushing's thus helping laminitic horses as well. This is an invitation only for the 2 day class.

Prerequisite Level 1 unwinding.

Level 2 Applied Kinesiology

April offers a 3 day level 2 class after the students have been practicing level 1 for at least a few months.

Half day Seminar

April teaches a 1/2 day seminar for the general public to teach how to hands on identify issues their horse is having- it is like the 1 hour clinic video that is free on Holistic Horseworks Youtube channel

<http://www.youtube.com/user/HolisticHorseWorks>

April talks for about an hour and answers questions, then everybody goes outside as a group to touch/feel area's of the horses' bodies that are too tight and not allowing proper movement.

The difference between conformation versus posture is discussed; what are we really looking at when we view a horse. Where the premature arthritic conditions are starting and what we can do to prevent them.

Where the training and behavioral issues are starting from: pain in the body and a horse unable (not stubborn) due to pain to do the move we are asking of them. Entrance fee is about \$35 pre paid and \$45 after a certain date with part going towards April's airfare and the rest is for the person organizing the seminar. I travel with a portable microphone.

Flyers for all workshops and seminars will be provided by us for the publicity of April Battles' classes.